

DIAGNOSED WITH HEART  
FAILURE AND EXPERIENCING

**UNRESOLVED**

**SYMPTOMS?**

**YOUR BODY MAY BE  
SENDING YOU A MESSAGE.**

It is important to talk to your doctor about the symptoms you are experiencing. They could be caused by something more serious than you realize, like **ATTR-CM (transthyretin amyloid cardiomyopathy)**.

ATTR-CM is a serious, underrecognized, and underdiagnosed type of amyloidosis that affects the heart and is associated with heart failure.

**ATTR-CM SYMPTOMS MAY INCLUDE:**

HEART  
FAILURE  
WITH  
PRESERVED  
EJECTION  
FRACTION

IRREGULAR  
HEARTBEAT

GI  
PROBLEMS

PAIN OR  
NUMBNESS IN  
LOWER BACK  
OR LEGS

SHORTNESS  
OF BREATH

BILATERAL  
CARPAL  
TUNNEL  
SYNDROME

To get the conversation started, visit [YourHeartSigns.com](https://YourHeartSigns.com) and download a discussion guide on how to talk to your doctor about ATTR-CM.



LEARN MORE: [Click here](https://YourHeartSigns.com) or scan the QR code using the camera on your cell phone to watch a video about how ATTR-CM affects the body.